

Uptown Care Center

Week at a glance

Sunday, 10/31/2021	Monday, 11/01/2021	Tuesday, 11/02/2021	Wednesday, 11/03/2021	Thursday, 11/04/2021	Friday, 11/05/2021	Saturday, 11/06/2021
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Juice of Choice	Juice of Choice	Juice of Choice	Juice of Choice	Juice of Choice	Juice of Choice	Juice of Choice
Hot Cereal or Cold Cereal	Hot Cereal or Cold Cereal	Hot Cereal or Cold Cereal	Hot Cereal or Cold Cereal	Hot Cereal or Cold Cereal	Hot Cereal or Cold Cereal	Hot Cereal or Cold Cereal
Wheat Toast	Toast	Sausage Gravy over Biscuit	Western Egg Casserole	Sausage Patty	Cheese Omelet	Toast
Scrambled Eggs	Jelly	Scrambled Eggs	Toast	Toast	Coffee Cake	Hard Boiled Egg
Choice of Milk	Breakfast Ham Slice	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk	Bacon
	Choice of Milk					Choice of Milk
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Garlic Crusted Pork Loin	Baked Ziti With Four Cheeses	Roasted Chicken	Beef Stew	Smothered Pork Chop	Parmesan Coated Tilapia	Macaroni & Cheese
Brown Rice	Peas & Pimento	Scalloped Potatoes	Steamed Rice	Garden Rice	Wheat Spaghetti with Marinara Sauce	Roasted Brussels Sprouts
Brussels Sprouts	Apricot Halves	Broccoli Florets	Combread	Seasoned Green Beans	Seasoned Zucchini	Dinner Roll
Chocolate Pudding	Garlic Bread	Dinner Roll	Crushed Pineapple	Tropical Fruit Mix	Oatmeal Cookie	Apricots
Juice of Choice	Juice of Choice	Fruit Cup	Juice of Choice	Juice of Choice	Juice of Choice	Juice of Choice
		Juice of Choice				
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Cream of Tomato Soup	Minestrone Soup	Spaghetti with Meat Sauce	Hot Dog on Bun	Cream of Celery Soup	Beef Pot Pie	BBQ Chicken Sandwich
Crackers	Crackers	Buttered Corn	Grilled Onions	Cold Turkey & Swiss Sandwich	Corn Bread	Mixed Vegetables
Macaroni & Cheese	Square Fish with Cheese on Bun	Wheat Dinner Roll	Tater Tots	Three Bean Salad	Chilled Peaches	Baked Apple Slices
Winter Vegetable Blend	Mixed Vegetables	Raspberry Sherbet	Raspberry Jello with Diced Peaches	Carrot Cake	Juice of Choice	Juice of Choice
Applesauce	Oatmeal Cookie	Juice of Choice	Juice of Choice	Juice of Choice	Choice of Milk	Choice of Milk
Juice of Choice	Juice of Choice	Choice of Milk	Choice of Milk	Choice of Milk		
Choice of Milk	Choice of Milk					

Uptown Care Center

Week at a glance Menu approved 05/07/2021

Sunday, 11/07/2021	Monday, 11/08/2021	Tuesday, 11/09/2021	Wednesday, 11/10/2021	Thursday, 11/11/2021	Friday, 11/12/2021	Saturday, 11/13/2021
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Juice of Choice	Juice of Choice	Juice of Choice	Juice of Choice	Juice of Choice	Juice of Choice	Juice of Choice
Hot Cereal or Cold Cereal	Hot Cereal or Cold Cereal	Hot Cereal or Cold Cereal	Hot Cereal or Cold Cereal	Hot Cereal or Cold Cereal	Hot Cereal or Cold Cereal	Hot Cereal or Cold Cereal
Scrambled Eggs	Toast	Sausage Patty	Toast	French Toast	Ham and Cheese Omelet	Waffles
Toast	Scrambled Eggs	Scrambled Eggs	Hard Boiled Egg	Syrup	Wheat Toast	Syrup
Choice of Milk	Choice of Milk	Biscuit	Choice of Milk	Cheese Eggs	Choice of Milk	Bacon
		Choice of Milk		Choice of Milk		Choice of Milk
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Glazed Ham	BBQ Chicken	Pork Bolognese	Cheeseburger on Bun	Creamed Chicken	Mac & Cheese	Pasta & Meatballs with
Peas & Carrots	Cheesy Mashed Potatoes	Italian Blend Vegetables	French Fries	Sandwich	Stewed Tomatoes	Marinara Sauce
Mashed Sweet Potato	Asparagus Cuts	Fruit Cup	Coleslaw	Chips	Wheat Dinner Roll	Buttered Bowtie Pasta
Brownie	Chilled Pears	Garlic Bread	Diced Peaches	Peas & Carrots	Apple Slices	Italian Blend Vegetables
Wheat Bread	Wheat Dinner Roll	Juice of Choice	Juice of Choice	Sherbet	Juice of Choice	Sliced Peaches
Juice of Choice	Juice of Choice			Juice of Choice		Juice of Choice
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Sloppy Joe on a Bun	Baked Ziti With Four	Vegetable Soup	Taco Salad	Ham Salad on Croissant	Chili	Chicken Rice Soup
Country Green Beans	Cheeses	Grilled Turkey Burger on	Seasoned Rice	Three Bean Salad	Cornbread	Crackers
Cinnamon Applesauce	Caesar Salad	Bun	Rice Pudding	Sugar Cookie	Green Peas	Turkey Club Sandwich
Juice of Choice	Wheat Bread	Tater Tots	Juice of Choice	Juice of Choice	Mandarin Oranges	Creamy Coleslaw
Choice of Milk	Marble Cake	Fresh Orange	Choice of Milk	Choice of Milk	Juice of Choice	Rosy Pears
	Juice of Choice	Juice of Choice			Choice of Milk	Juice of Choice
	Choice of Milk	Choice of Milk				Choice of Milk

Uptown Care Center

Week at a glance

Sunday, 11/14/2021	Monday, 11/15/2021	Tuesday, 11/16/2021	Wednesday, 11/17/2021	Thursday, 11/18/2021	Friday, 11/19/2021	Saturday, 11/20/2021
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Juice of Choice	Juice of Choice	Juice of Choice	Juice of Choice	Juice of Choice	Juice of Choice	Juice of Choice
Hot Cereal or Cold Cereal	Hot Cereal or Cold Cereal	Hot Cereal or Cold Cereal	Hot Cereal or Cold Cereal	Hot Cereal or Cold Cereal	Hot Cereal or Cold Cereal	Hot Cereal or Cold Cereal
Scrambled Eggs	Toast	Toast	Wheat Bread	Pancakes	Cheesy Eggs	Waffles
Donut	Scrambled Eggs	Hard Boiled Egg	Scrambled Eggs	Sausage Patty	Muffin	Syrup
Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk	Bacon
						Choice of Milk
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Cajun Turkey	Turkey Tetrzini	Rotisserie Style Chicken	Johnny Marzetti	Sweet and Sour Pork	Chicken Fettuccine Alfredo	Apple Braised Pork Chop
Bread Stuffing	Seasoned Mixed Vegetables	Garlic Mashed Potatoes	Broccoli Cuts	Rice	Italian Blend Vegetables	Buttered Mashed Potatoes
French Cut Green Beans	Dinner Roll	Sauteed Zucchini	Apricots	Oriental Blend Vegetables	Bread Stick	Country Green Beans
Peach Cobbler	Pineapple	Fruit Cup	Garlic Bread	Chocolate Pudding	Strawberries and Cream	Wheat Dinner Roll
Wheat Dinner Roll	Juice of Choice	Dinner Roll	Juice of Choice	Juice of Choice	Juice of Choice	Tropical Fruit Mix
Juice of Choice		Juice of Choice				Juice of Choice
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Hot Dog and Bean Casserole	Breaded Fish Sandwich	Ham and Swiss Sub	Roast Pork Loin	Philly Cheese Steak Sandwich	Fish Taco	Homestyle Chicken Noodle Soup
Cornbread	Potato Cake	Potato Chips	Roasted Potatoes	Fries	With Cheese	Crackers
Corn on Cob	Capri Blend Vegetables	Green Pea Salad	Winter Vegetable Blend	Applesauce	Red and White Coleslaw	Homestyle Bologna and Cheese on Wheat
Vanilla Pudding	Brownie	Tropical Fruit Mix	Strawberry Jello Cake	Juice of Choice	Refried Beans	Vanilla Pudding
Juice of Choice	Juice of Choice	Juice of Choice	Juice of Choice	Choice of Milk	Peaches	Juice of Choice
Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk		Juice of Choice	Choice of Milk
					Choice of Milk	

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Week at a glance

Sunday, 11/21/2021	Monday, 11/22/2021	Tuesday, 11/23/2021	Wednesday, 11/24/2021	Thursday, 11/25/2021	Friday, 11/26/2021	Saturday, 11/27/2021
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Juice of Choice	Juice of Choice	Juice of Choice	Juice of Choice	Juice of Choice	Juice of Choice	Juice of Choice
Hot Cereal or Cold Cereal	Hot Cereal or Cold Cereal	Hot Cereal or Cold Cereal	Hot Cereal or Cold Cereal	Hot Cereal or Cold Cereal	Hot Cereal or Cold Cereal	Hot Cereal or Cold Cereal
Scrambled Eggs	Toast	Sausage Gravy over Biscuit	Sausage Egg Bake	Pancakes	Breakfast Sausage Links	French Toast
Cinnamon Toast	Bacon	Scrambled Eggs	Toast	Syrup	Cheesy Eggs	Syrup
Choice of Milk	Boiled Eggs	Choice of Milk	Choice of Milk	Bacon	Toast	Hard Boiled Egg
	Choice of Milk			Choice of Milk	Choice of Milk	Choice of Milk
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Salisbury Steak	Chicken Parmesan	Baked Glazed Ham	Skillet Lasagna	Fried Fish	Crispy Oven Fried Chicken	Meatball Sub
Baked Potato with Sour Cream	Pasta	Au Gratin Potatoes	Broccoli Florets	French Fries	Mashed Sweet Potato	Marinara Sauce
Baby Carrots	Winter Vegetable Blend	Capri Blend Vegetables	Garlic Bread	Caesar Salad	Lima Bean	Garlic Mashed Potatoes
Dinner Roll	Bread Stick	Dinner Roll	Chilled Peaches	Tropical Fruit Mix	Combread	Carrots
Blushed Pears	Fruit Cocktail	Applesauce	Juice of Choice	Juice of Choice	Chocolate Ice Cream	Pineapple Tidbits
Juice of Choice	Juice of Choice	Juice of Choice			Juice of Choice	Juice of Choice
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Cream of Mushroom Soup	BBQ Pulled Pork Sandwich	Tomato Soup	Polish Sausage on Bun	Chicken Tenders	Beef & Cheddar Sandwich	Italian Sausage with Rigatoni
Turkey Salad Sandwich	Baked Beans	Tuna Fish Hoagie	Grilled Onions	BBQ Sauce	Potato Chips	Seasoned Zucchini
Three Bean Salad	Buttered Corn	Potato Chips	Potato Pancakes	Tater Tots	Carrot Raisin Salad	Garlic Bread
Chocolate Chip Cookie	Orange Sherbet	Lemon Pudding	Yellow Cake w/ Chocolate Frosting	Green Peas	Mandarin Oranges	Jello Jewels
Juice of Choice	Juice of Choice	Juice of Choice	Juice of Choice	Vanilla Pudding	Juice of Choice	Juice of Choice
Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk	Juice of Choice	Choice of Milk	Choice of Milk
				Choice of Milk		